

## TMS Referrals

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*Modalis offers non-invasive MRI-guided Transcranial Magnetic Stimulation (TMS) that can improve the treatment options for many conditions, including pain management, psychiatry (depression, OCD, PTSD), tinnitus, and rehabilitation.*



### How do I refer my patients?

Simply fill out our TMS Referral Form found as a PDF on our website, [modalis.com.au](http://modalis.com.au), or in your Best Practice electronic templates embedded in Best Practice (TMS Modalis Direct Referral) and email it to us at [tms@modalis.com.au](mailto:tms@modalis.com.au). Alternatively, you can also email us a standard referral letter.

### Which patients cannot receive TMS?

TMS uses electromagnetism to stimulate the brain. Therefore, due to the magnetic field created by the machine, patients with any metal or implants in their head (including cochlear implants, but excluding dental work) are unable to receive TMS.

Patients who have a history of epilepsy or seizures are eligible for TMS treatment but may be sent for an EEG beforehand to rule out any current seizure activity.

### Which patients are eligible for the Medicare Rebate?

In order for a patient to receive the Medicare Rebate for TMS, they must fulfil the following conditions:

1. Be over 18 years
2. Be referred with Depression as their primary diagnosis.
3. Have tried at least 2 classes of antidepressants and remained unwell
4. Have not received TMS therapy previously

### What happens next?

After we have received your referral, one of our TMS nurses will contact the patient to conduct a screening call and refer them for a bulk-billed MRI scan. The patient will then receive MRI-guided TMS treatment (usually consisting of 35 sessions, conducted over 7 weeks).

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### FAQs

#### **Will I receive updates on my patients?**

Yes. We will notify you after the patient has completed their initial review with one of our TMS Specialist Psychiatrists prior to commencing treatment. We will also contact you after the patient finishes their treatment program to notify you of their outcomes. If you wish, you may also request to be sent progress reports during the treatment period.

#### **My patient does not have any metal in their head but cannot have an MRI. Can they still receive TMS treatment?**

While MRI-guided is our preferred and more accurate method of TMS navigation, patients that cannot have an MRI can still receive TMS. In these cases, the patient will be fitted with a neuronavigation cap to wear during their treatment sessions to guide the correct placement of the coil.

#### **How much does the Medicare Rebate cover?**

Patients eligible for the Medicare rebate are currently able to receive a rebate for up to 35 TMS sessions in an initial treatment course. After four months from the completion of the initial treatment course, patients are also then eligible for up to 15 maintenance sessions if they have shown improvement in the initial treatment course but subsequently relapsed.

#### **Can patients stay on their current medications during TMS treatment?**

Yes. We recommend that there are no major medications during the TMS treatment period in order to accurately assess the effect of the TMS on the patient.